

George E. Pataki
Governor

Joseph H. Boardman
Commissioner

My 3 Bikes

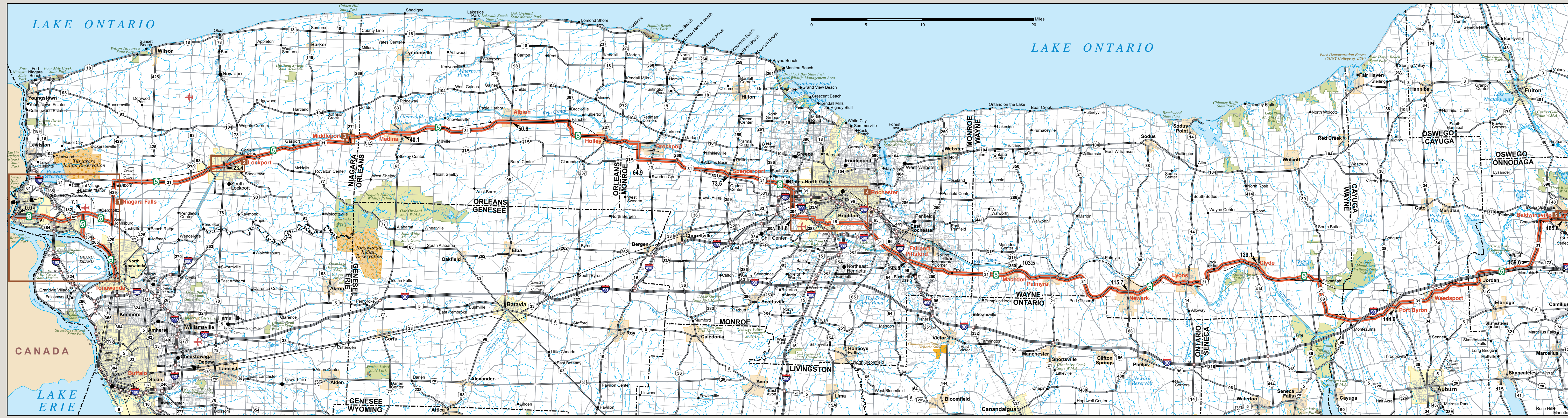
State

Whether the purpose of your journey is for exercise, sport, transportation, or recreation, cycling is truly memorable, convenient and efficient means to explore New York. Best wishes for a safe and enjoyable bicycling experience here in New York.

A description of our state's laws pertaining to safe operation of a bicycle in New York is listed on a chart. We hope that you take the opportunity to carefully review this information prior to beginning your trip.

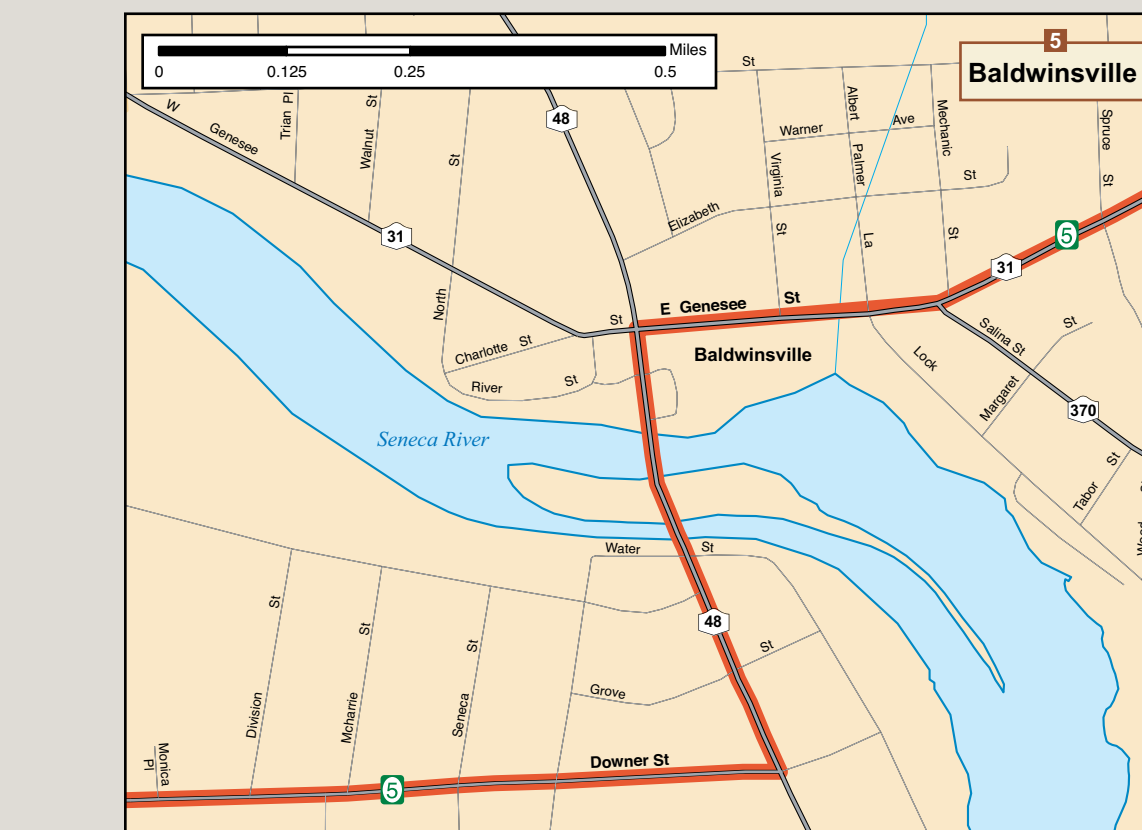
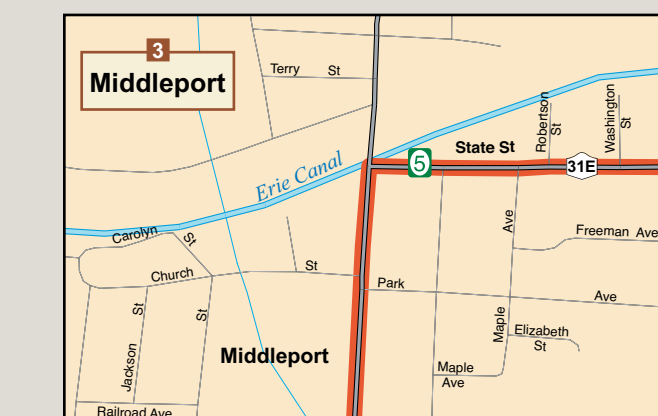
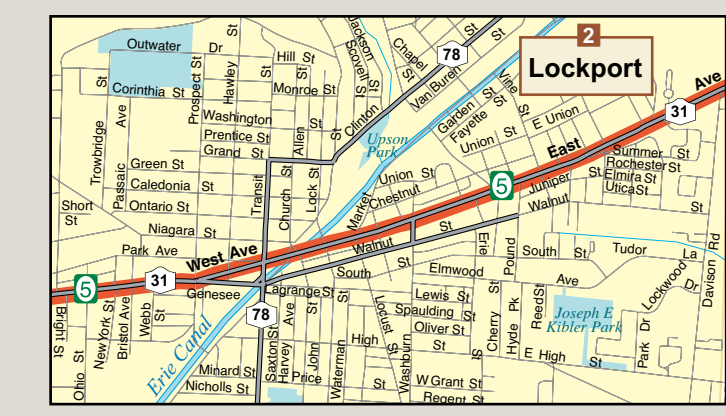
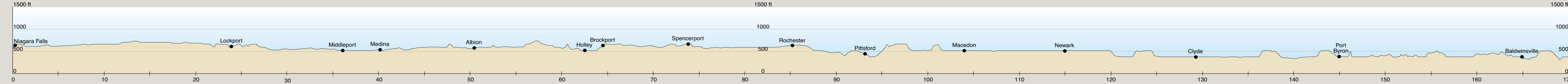
Both on- and off-road New York State offers an unparalleled backdrop for pristine rural landscape and vibrant modern cities, varied topography, rich history, cultural buildings, Niagara Falls to the Empire State Building. With its location on the edge of the Adirondack Mountains, and from the peaks of the Adirondack Park to the beaches of Long Island to the peaks of the Catskills, New York State is truly a bicyclist's paradise.

Welcome to New York's State Bicycle Routes



New York State
Bike Route 5

New York State Department of Transportation



A Message from
DOT Commissioner Boardman

Welcome to New York's State Bicycle Route 5.

For hundreds of years, the Mohawk Valley has provided a convenient natural gateway for the migration of people and materials across upstate New York. Today cyclists can experience New York's rich and innovative transportation heritage by cycling State Bicycle Route 5 as it parallels the Erie Canal between Albany and Niagara Falls. Whether the purpose of your trip is for exercise, transportation, or recreation, the New York State Department of Transportation (NYSDOT) welcomes and encourages cycling as part of its commitment to promoting a safe, efficient, truly balanced, environmentally sound transportation network for New York State.

State Bicycle Route 5 was established in 1994 as part of a comprehensive network of signed, on-road, long distance bicycle routes. The network also includes State Bicycle Route 9 (New York City to Rouses Point), and State Bicycle Route 17 (Lake Erie to Beacon). More than 1,000 miles of designated highways make up these routes, passing through almost every region of the State. These routes were developed as an alternative to off-road trails for experienced bicyclists.

I encourage bicyclist to share the road safely, observe all vehicle and traffic laws, and enjoy the scenic beauty of New York State.

Joseph H. Boardman
Commissioner, NYSDOT

City/Town/Village	Distance (miles)
Albion	273
Amsterdam	34
Baldwinsville	159
Brockport	260
Clyde	105
Fort Plain	44
Ilion	60
Jordan	170
Lockport	300
Massena	33
Medina	284
Nassau	18
Newark	208
Niagara Falls	324
Oriskany	142
Palmyra	217
Port Byron	179
Rochester	239
Rome	110
Schenectady	17
Spencerport	250
Syracuse	154
Utica	95

Legend

Highways

- State Bicycle Route
- County
- Federal
- Interstate
- State
- Interchange

Transportation

- Rail
- Passenger Station
- Ferry & Terminal
- Airport

Parks and Recreation Areas

- State Forest or Other Recreation Areas
- State Historic Site
- State Campground
- Federal Recreation Areas
- Municipal Recreation Areas
- Adirondack Park

Boundaries and Places

- County
- City
- Village
- Indian Reservation
- Inset Area

Place names in red on map are listed here. Place names are listed	Buffalo	Niagara Falls	Tonawanda	Lockport	Medina	Albion	Holley	Brockport	Spencerport	Rochester	Pittsford	Fairport	Macedon	Palmyra	Newark	Lyons	Clyde	Port Byron	Weedsport
Lodging																			
Camping																			
Bike Shop																			
Medical Facility																			
Bus																			
Train																			
University / College																			
Cultural Site(s)																			
Natural Site(s)																			
Local Bike Routes																			
Winery																			
Brewery																			

NYS BIKE ROUTE 5

Bike Route 5 generally parallels the route of the Erie Canal, bisecting New York State west to east between Niagara Falls and Albany. Traversing the plains of Lake Ontario between Niagara Falls and Syracuse, and the Mohawk Valley between Syracuse and Albany, Bike Route 5 takes advantage of the terrain which has made this corridor an attractive option for armies, engineers and travelers for over 200 years. Since the canal's completion in 1825, the Erie Canal corridor has also served as the preferred route for railroads and the New York State Thruway. Cyclists can experience the Erie Canal by linkages between Bike Route 5 and off-road Canaway Trail segments.

Along this route, cyclists can also experience the vibrant and prosperous history of New York State and the Erie Canal. Historic sites within a short distance of Bike Route 5 include Revolutionary War battlefields at Oriskany and War of 1812 battlefields near Oswego and Niagara Falls. Other sites include the homes of abolitionist Frederick Douglass (Rochester), Susan B. Anthony (Albany), and George Eastman (Rochester), whose homes are museums and monuments to their life-long accomplishments.

Beginning on the Rainbow Bridge and overlooking Niagara Falls, Bike Route 5 takes eastward along US Route 62 through Niagara Falls before joining NY Route 31 near Lockport. From this point eastward, Bike Route 5 parallels the Erie Canal, passing through numerous historic canal villages between Lockport and Syracuse. East of Syracuse, Bike Route 5 follows the Mohawk River to Albany, the capital of New York. Within Albany, Bike Route 5 passes by New York's historic capitol building and Empire State Plaza. It then crosses the Hudson River and follows US Route 20, over the Taconic Range into the Commonwealth of Massachusetts. Bike Route 5 is approximately 360 miles in length.

NYS BIKE ROUTE 17

Bike Route 17 crosses the Southern Tier of New York State, with Lake Erie and the Hudson River as its endpoints. The route roughly parallels Interstate 86 between Jamestown and Corning. NY Route 17 between Corning and Port Jervis, and Interstate 84 between Port Jervis and Beacon. Along the route, cyclists will experience the diverse topography of New York State, from the Appalachian Mountains and the wide, flat valleys of the Allegheny and Susquehanna Rivers, to the scenic and rolling Delaware Valley. Bike Route 17 visits the foothills of the Catskill Mountains in Delaware County, and crosses the Shawangunk Mountains just east of Port Jervis in Orange County.

Cyclists will have the opportunity to experience some of the unique culture, history, and natural beauty of New York's Southern Tier. Your bicycle trip may include a visit to the Chautauque Institute (Chautauque), the Lucy-Dee Museum (Jamestown), the Corning Museum of Glass (Corning), or the Reuben Museum and Science Center (Binghamton). A short bicycle trip from Bath or Corning lies the Finger Lakes, famous for their scenic beauty, charming communities, and spectacular vineyards and wineries. Enjoy hiking and camping at Allegany, Chenango Valley, or Otsego Creek State Parks. Catch a glimpse of a bald eagle along NY Route 97 in southern Sullivan County. In Newburgh is Washington's Headquarters State Historic Site, where Washington camped during the winter of 1782-83.

Beginning at NY Route 5 in the Village of Westfield, Bike Route 17 passes through the cities of Jamestown, Salamanca, Olean, Hornell, Corning, Elmira, and Binghamton. East of Binghamton, Bike Route 17 follows NY Route 97 along the Delaware River before turning east at Port Jervis. At Newburgh, the route crosses the Hudson River via a walkway on the southern span of the Newburgh-Beacon Bridge. Bike Route 17 ends at its intersection with Bike Route 9 north of the city of Beacon. This route is 435 miles in length.

NYS BIKE ROUTE 9

Bike Route 9 traverses the Hudson and Champlain Valleys of New York State. On this bike route, you can travel through the cradle of American History, tour numerous National and State historic sites and parks and visit picturesque local communities, all set against the scenic backdrop of the Hudson River, Lake Champlain, or New York's majestic Catskill and Adirondack Mountains. Whether you are bicycling touring for vacation, or taking a short day trip for recreation, there are many reasons to explore Bike Route 9.

Bike Route 9 consists of two sections. Bike Route 9 South and Bike Route 9 North. Bike Route 9 South runs from New York City across the George Washington Bridge, then travels the west side of the Hudson River to Bear Mountain, where it crosses the Bear Mountain Bridge (along with the Appalachian Trail). It then follows the east side of the Hudson River Valley through Poughkeepsie to Rensselaer and Albany.

Bike Route 9 North travels through several Hudson River communities in the Capital Region, past the gateway of the NY State Canal System in Troy and Waterford, then continues up the Hudson and Lake Champlain Valleys to the eastern Adirondacks to the Canadian border. The route joins Quebec route 223 north of Rouses Point, and follows the Richelieu Valley and the Champlain Canal Towpath to Montreal.

This route is approximately 345 miles in length. George Washington Bridge to Canadian border. It travels through rolling hills in the Hudson Valley and along Lake Champlain, and is relatively level through the Capital Region.

ROUTE STATUS

- Existing (signed)
- Existing
- Proposed